

WEEKLY MENU

FALL 2025 - Delicious food cooked on site



WEEK 1

Monday

Tuesday

Wednesday

Thursday

Friday

BREAKFAST

8:00 - 8:30 a.m

Cereal & Milk

Banana
Overnight Oats

Toast & Jam

Yogurt Bowls
with Seasonal
Fruit

Cereal & Milk

LUNCH

11:00 a.m

Broccoli Alfredo
Pasta

Lemon & Herb
Fish with Rice

Egg Salad
Sandwich

Chicken Nuggets
w/ Plum Sauce
and Rice

VEGETARIAN LUNCH

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Lemon & Herb
Tofu w/ Rice

For Infant room:
Grilled cheese w/
tomato sauce

Sauteed
Vegetables w/
Plum Sauce and
Rice

**Crazy
Friday**

AFTERNOON SNACK

2:00 p.m

Cucumber
Sticks w/ Ranch

Banana Bread

Seasonal Fresh
Cut Fruits

Mozzarella
sticks

WEEKLY MENU

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WEEK 2

Monday

Tuesday

Wednesday

Thursday

Friday

BREAKFAST

8:00 - 8:30 a.m

Cereal & Milk

Banana
Overnight Oats

English Muffin
w/ Jam & Butter

Yogurt Bowls
with Seasonal
Fruit

Cereal & Milk

LUNCH

11:00 a.m

Butter Chicken
w/ Rice

Potato & Cheddar
Pierogies
w/steamed
broccoli

Honey-garlic
Chicken
Meatballs w/
Mashed Potatoes

Tuna Pasta
Salad

VEGETARIAN LUNCH

Butter Tofu w/
Rice

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Honey-garlic
Meatless
Meatballs w/
Mashed Potatoes

Mixed Veggie
Pasta Salad

AFTERNOON SNACK

2:00 p.m

Cucumber
Sticks w/ Ranch

Apple Sauce

Cream Cheese
w/ Crackers

Cucumber
Sticks w/ Ranch

**Crazy
Friday**